

# FAMILY LESSON: ADAM & EVE

## God's Covenant with a Couple



## Lent 2021 - Lesson 1

Find a special time each week during Lent for your family to learn about these important Biblical figures who have made covenants with God throughout the Old Testament. Each week a lesson will be available that will include a prayer, Scripture reading (feel free to use children's Bible), video links, discussion questions and ideas for crafts/activities.

**Prayer:** God, everything you have created is good. Every human being is your child, including me. Like all human beings, I am good because I am made to be like you. Even when I do something wrong, you love me. Please give me the courage to do what you have created me to do. Help me see others as you see them. Help me forgive others as you forgive them. Help me to love others as you love me. *Amen.*

## BACKGROUND INFORMATION

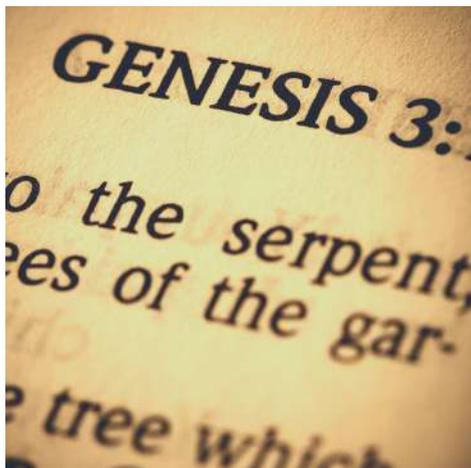
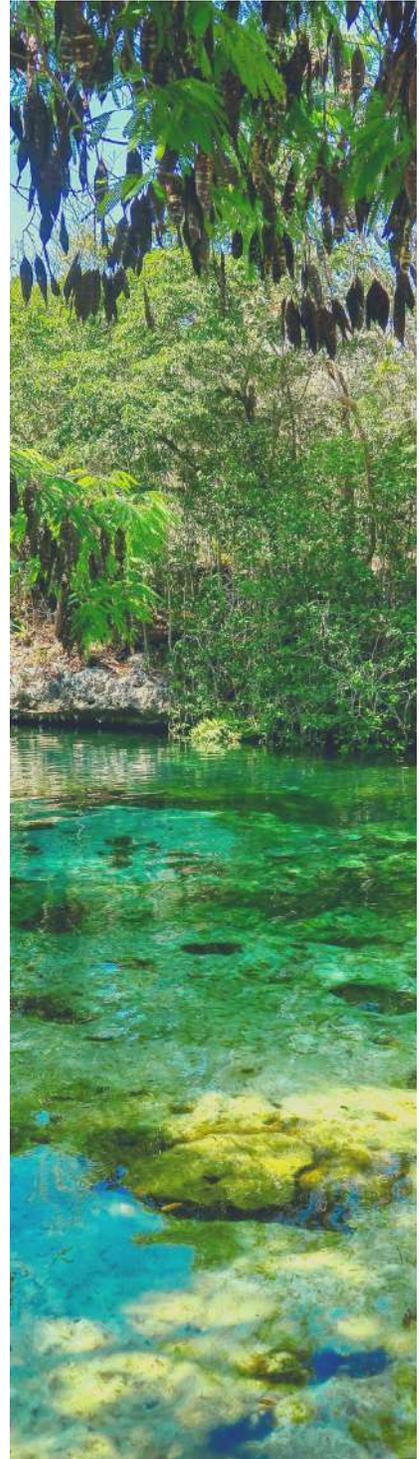
God's covenant begins with this couple as he promised them life with Him forever as long as they did not eat from a certain tree. Sadly, they disobeyed God by eating from the forbidden tree. Adam and Eve broke this covenant and were banished from the Garden of Eden. Humans had separated themselves from God. When Adam and Eve sin, God punishes them by forcing them to leave the garden, but not before promising that someday Eve's offspring will defeat the snake and restore humankind's relationship with God.

From that time on we were no longer capable of closeness to God.

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## DISCUSSION QUESTIONS - YOUNGER STUDENTS

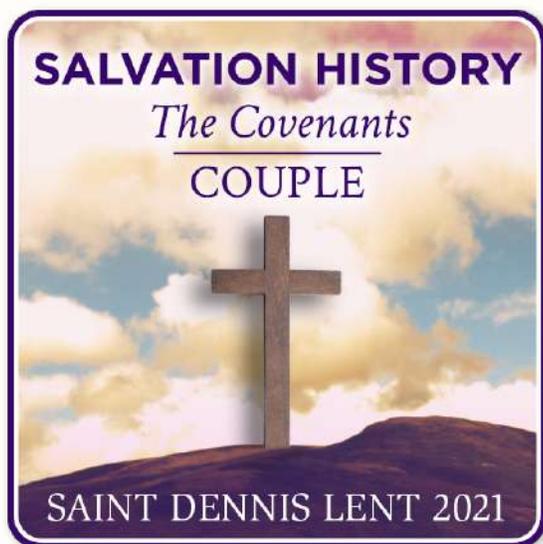
1. Who were the first two people God created?
2. What was the one thing God asked Adam and Eve not to do?
3. Why do you think Eve took the fruit from the tree? Why do you think Adam ate it?
4. How do you think God felt when they did this?
5. God had made a covenant (promise) with Adam & Eve that they would have life with Him forever if they did not eat from this tree. How do you think God felt when Adam and Eve broke their end of the promise?
6. What happened after Adam and Eve sinned?
7. Do you ever get tempted to do things that you know are wrong? Share a time when this has happened with your child.
8. How do you feel when you have sinned? What can we do about it when we sin?



**Scripture:  
Genesis 3**

## DISCUSSION QUESTIONS - OLDER STUDENTS

1. Do we always have a choice to do good or bad in life?
2. Why do we sometimes choose not to follow God's will for us?
3. How do we know what God's will is?
4. What does it mean when we say Eve doubted God? Did she lose trust? Have you ever lost trust in God?
5. Is there anything you do to make it easier for others to see the image of God within you?
6. If Adam and Eve had not sinned, do you think someone eventually would have?
7. Why or why not?
8. What do we do, as Catholics, to "wash away" Original Sin?



## VIDEO LINKS

Click on text to link to video.

1. **DYNAMIC CATHOLIC - ADAM & EVE (PRESCHOOL - GRADE 5)**
2. **SADDLEBACK KIDS - ADAM & EVE (PRESCHOOL - GRADE 5)**
3. **THE BIBLE PROJECT - GENESIS 1-11 (GRADE 6 AND UP)**
4. **BISHOP BARRON ON ORIGINAL SIN (GRADE 8 AND UP)**

## FAMILY ACTIVITY

### How Sin Affects our Relationship with God

Light a candle and have your children stand very close to the candle. Tell them that you are going to read a list of things that people do. If you read an action that is a good deed, they should step closer to the light. If you say an action that is a bad deed, you should take one big step away from the light.



1. When you did a good task, where were you in relation to the light? In relation to other people?
2. When a sin was read, how did that affect your relationship with one another?
3. How did that affect your closeness to the light?

Tell your children that the light symbolizes God and that when we sin, we take a step away from God. When we sin we choose to do what we know offends God.